



Alliance for
Substance
Abuse
Prevention

ASAP Coalition Agenda
Tuesday, July 24, 2018 10:00AM

Adrian Reel, CFBHN
Amanda MacArthur, YFA
Amina Robinson, PSO/CPI
Art Rowand, TN24
Ashleigh Desrosiers, Bays
Donna Alford, NTBH
Beth Picora, CFBHN
Bonni Snider, BCBH-CHAT
Chris Jordan, Steps to Recovery

Christina Roberto, BCBH-CHAT
Chrissie Parris, BCBH-CHAT
Crystal Gomez, DOH
Dave Davis, BCBH-CHAT
Gabby Flores, Healthy Start
Georgia Foundas, Arc
Hailey Mackin, Metro Min
Isabel Fernandes, RAP House
James Bowman, PSO
Jeannine Laurence, MADD
Jeff Hogan, Alkermes/Vivitrol
Jenae Haddocks, DOH
Jillian Uhl, PSO
Juliana Langille, Community Member
Kate Daigle, Jail Diverson

Katie Siciliano, Rep Amber Mariano
Katelyn Steiner, BCBH-CHAT

Katheryn Moreno, PSO
Kellie Walker, Turning Point
Laike Abebe, DOH
Lara Frazier, Springs Garden Detox
Leslie Noland, GCFCS
Madeline Pfinsky, NA
Mary Vazquez, Metro Min
Mike Shoemaker, DJJ
Missy Coyle, BCBH-CHAT
Monica Rousseau, ASAP
Nathan Montano
Niaja Jackson, CFBHN
Nina Cordova, FL Family Primary
Ormond Derrick, STAND
Patricia Jackson, BCBH-CHAT
Paula Warner, Wellcare
Rachel Starostin, Redeemed Rec
Rachel Selby, New Vision
Renee Shelton, PACE
Rochae Zwicharowski, The Next Step
Sharon Schmidt, BCBH-CHAT
Stephanie Centella, CCWC
Steve Monster, BCBH-CHAT
Shnai Simmons, Community Vic
Taiwone Simmons, Inside Reach Min
Thomas O'Connor Bruno, Pasco Homeless
Coalition
Tiffany Nozicka, DCF
Tom Dunning, PAR

- I. Introductions and Approval Minutes** Chrissie
- A. Missy Coyle motioned to approve and Bonni Snider seconded with edits
- II. Youth Panel**
- A. Let's start with some quick introductions
 - i. Annabelle Droff-STAND Anclote High School
 - ii. Mia Causey-STAND

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- iii. Ariana Santillana-STAND Fiveay High School
 - iv. Mariah Morales-STAND
 - v. Ormond Derrick-Former STAND and currently at New College
- B. Question-Many of you are passionate about drug prevention and promoting mental health because of your personal life experiences, would any of you like to share your stories?
 - i. Mia-Discussed her background with her parents using drugs and at the age of 15 she was addicted to pills and on Dec 2016 she became sober.
 - ii. Annabelle-Discussed how her parents are alcoholics and how they were going to allow her to drugs. She talked about how she was in several foster cares and attempted suicide.
- C. Question-What do you think are the biggest youth, drug related issues in Pasco and why?
 - i. Ariana-Alcohol is the biggest problem as it is in the home because it is normalized. Adults should be more aware that youth will not try and get help if they think they will get punished for using drugs. There should be different methods of teaching youth about not using drugs and effects of youth.
 - ii. Annabelle-Alcohol, Xanax, Shrooms, Marijuana, LSD-kids skip class. During drug week schools should focus on just not doing drugs, they should focus on helping those who already use drugs. Youth need more support services in schools as it is readily available and less intimidating to get help when it is at school. She believes there is a negative connotation to getting help and there should be less of a stigma.
 - iii. Mia-Kids aren't being educated of why drugs and being drunk isn't cool. Adults need to show kids that they are here for them. Also need youth to show other youth that they can help themselves. There is a lack of talking about substance abuse and there needs to be more light on this.
 - iv. Ormond-There is a stigma of getting help and it is important to have school supports as it is a safe space as they don't have access to transportation or other types of out patient therapy sessions.
- D. Question-Outside of drugs, what do you think is the biggest youth issue in the county that should be addressed immediately?
 - i. Annabelle-Mental health-many youth are struggle with their mental health and it is a taboo topic and they are afraid to talk about their issues. Also to cope with their mental health youth turn to drugs. She tries to remember to be the change you want to see in the world and she doesn't want to sit back and do nothing about seeing substance abuse. She feels that the worst thing someone can do is not tell their story. She also feels that should be more school support/guidance counselors at school so that they can actually talk about what is going on with them.
 - ii. Mia-More people should be kind to help eliminate these problems. It is okay to have a bad day and that you have to know that you have people around you to help you. You can't control everything but you can control how you react.

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- iii. Ariana-Adults are examples for teens and showing youth self love. It is important to show examples that is okay to make mistakes.
 - iv. Ormond- Having more guidance counselors and support services to have available to discuss the root causes.
- E. Question-What are the best types of educational ways/strategies to decrease use?
 - i. Ariana-STAND needs to be more well known so that youth can see other youth making better choices and talking about substance abuse
 - ii. Mia-Having a passion for something and going through something they can use that outlet to talk about substance abuse (music, poetry)
 - iii. Annaelle-Having support services in schools where she felt safe and had others to talk about their struggles
 - iv. Ariana- Support kids to find their passion which can lead them to be more focused on that rather than using drugs
 - v. Mariah-Finding a passion-She uses art to help her talk her struggles.
- F. Question-Do you all feel that the faith based community is doing enough to help/what could they do more?
 - i. Mia-Has spoken at Next Level Church and there are other churches that do help however there can still be a stigma at churches however there are opportunities for inclusion for collaboration
 - ii. Annabelle-Feels that some church members should not stigmatize the youth for doing drugs when they are seeking help and that they should have open arms.
- G. STAND Events-
 - i. Ariana-Enjoys being a part of this group as she gets to reach out to other youth and talk about substance abuse prevention
- H. Question-Do youth think it would be helpful to have a 12 step program?
 - i. Annabelle-thinks there should more support instead of just putting posters around school
 - ii. Mia-PACE is a supportive school that can help other struggle girls
 - iii. Ariana-Feels that schools should do more programs but they might be afraid that other youth would get involved with drugs because there would be more talking about drugs.
- I. Open Dialogue
 - i. Monica talked about how these youth don't do enough to brag about themselves. They go to Tallahassee and do PSAs to help their community.
 - ii. Is there an age that can be the most impactful
 - 1. Ariana-any age can be impacted. She thanked adults in the ASAP room for listening to youth.
 - 2. Mia-you can start at any age to impact them. Instead of saying don't do drugs, just be their friend/be there for the youth so that they know they can have someone to talk to when they are ready. Understanding that we might not always know what people are struggling with and to keep that in mind.

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3. Annabelle-when young children grow up with the adults using drugs they don't know if that is wrong and so teaching them at a young age that they can talk about things is important
4. Ormond-finding the at risk youth with any age group. Help these students with a different path. Talking about healthy alternatives and what resources are available.

- J. Question-What are ways that adults can facilitate these conversations through social media?
- i. Mia and Annabelle-certain TV shows/videogames can glorify suicide and seeking attention
 - ii. Annabelle-there are many youth promoting substance use on social media instead of healthy choices/events that they could be doing instead. Also being repetitive of the information to help educate the youth.
 - iii. Mia-Put more positive things on social media which can help to plant the seed
 - iv. Ariana-If you tell youth to one thing, youth will do the opposite. Also adults should educate but don't harass the youth.
 - v. Ormand-Not have the scare factor, but instead of having an open dialogue between adults and youth. It is important to have a healthy and safe outlet.

III. Committee Updates

Committee Chairs

A. Prescription Drug Committee

- i. Medication Assisted Treatment focused meeting on August 7
- ii. Advertising at Wiregrass Mall to increase awareness of drop box location
- iii. New Drop Box Cards

B. Recovery Committee

- i. National Recovery Month- September!
- ii. Recovery Event- Sept 22, 1-5pm at Trinity Church of Christ

C. Substance Exposed Newborn (SEN Committee) with Collaboration with Healthy Start

- i. August 28th ASAP meeting will be SEN Resource Fair PHSC NPR campus

IV. Roundtable

Membership

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