



Alliance for  
Substance  
Abuse  
Prevention

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## ASAP Coalition Meeting Minutes Tuesday, August 22, 2017 10:00AM

### Attendance

Art Rowand, PSO Dept	Leslie Noland, GulfCoast Jewish Fam.
Beth Piecora, CFBHN	Lisa Conca, Community Member
Benjamin Garland, TN24	Lisa Kern, Pasco County School Board
Bonni Snider, BCBH CHAT	Melinda Velez, United Way of Pasco
Chrissie Parris, BCBH-CHAT	Michelle Emmereman, Court Admin
Davis Farquharson-Eckerd	Miguel Velazquez, Staywell
Despina Blow, FL DOH	Missy Coyle, BCBH CHAT
Donna Alford-NTBH	Paula Green, Community Member
Heather St. Amand, Organize Florida	Paula Warner, Wellcare
Jenae Haddocks, Pasco DOH	Randy Holm, Juvenile Arbitraion 6th Court
Jeannine Timmins, MADD	Rochae Zwicharowski, TBSL
Jillian Uhl, PSO	Sharon Lanier, TN24
Jo Dee Nicosia, CFBHN	Sharon Schmidt, BCBH CHAT
Jillian Grulich-North Tampa Behavioral Health	Summer Robertson, Congress Bilirakis
Keith Bell Dr, BCBH CHAT	Tiffany Nozicka, DCF
Kellie Walker, BCBH-CHAT	Tom Dunning, PAR
Kent Runyon, Novus Detox	Tonia Walden, DOH Pasco
Liana Dean, BCBH-CHAT	Tracie Entler, Gulfcoast Jewish Fam.

### **I. Introductions and Approval Minutes**

- A. Started at 10:00am
- B. Approved minutes as they are.

### **II. Guest Presentation -Youth Panel**

- A. How can adults help with substance abuse prevention?
  - i. Provide positive support, be a role model
- B. How can adults gain trust with students?
  - i. Care about their problems and situations and help them. Be a parent first and friend second, and allow them to be open with you.
- C. Where would you like to see adults supporting you?

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- i. East Pasco needs more Boys & Girls club and adults volunteer to be there for the kids. Don't have much in East Pasco. More adults to tune in and listen to youth.
  - ii. Students on the west parts of Pasco say there are places to go but they are not used for what it's intended i.e. Rec Center has drug use.
  - iii. Do kids know where to look for volunteers and things to do? At Pace they point out different opportunities but it's hard for others to have same opportunities
- D. Where do you feel you have the most support?
  - i. Home, house support comes from team built and helps them when need with homework, sports, etc.
  - ii. What would you recommend for kids don't get support at home? Sometimes a child can help an adult and guide them.
  - iii. Does anyone find support from spiritual like a church? Church group helps a lot and pray for them on where you want to go and succeed.
- E. Drugs you've seen
  - i. Heroin, cocaine, marijuana, hydrocodone
  - ii. Kids get the prescribed medication from other grown-ups on the street and parents
  - iii. The people selling don't care who they give it to you
  - iv. Are you still seeing spice? Could get it from anyone at any time and popular in 2015 than smoking weed.
  - v. Are you hearing side effects of spice? The people taking spice are still taking it and pushing it on their friends.
  - vi. How many of you lost a friend to drug abuse and have you had talks with other students? Every day people die, you've got to speak to them every day.
  - vii. What are some of the youngest kids that are using drugs you've seen? 10, 11, 12 y/o.
  - viii. Is it more peer pressure or curiosity? More peer pressure but combination of both. Parents sometimes smoke and they think it's ok so they try it. Some kids don't have coping mechanisms and are depressed, which is why they take it.
  - ix. What pushed you to be advocate? Father in jail for heroin and showed me what not to do. In recovery and feel it's important to help peers
- F. Do you feel like other youth in community have same perception or is there a growing epidemic?
  - i. There are some people that feel the same way, but sometimes when you talk about it you're ostracized. They don't want to get judged by friend
  - ii. What can I do to help teens with peer pressure? Show video of what can happen to them. A lot are focused on the drugs not what can affect them. Understand that everyone goes through something, don't be the first to judge. Kids think you won't understand or they are being judged. Just talk to them and be their support so they know they have someone to go to at the end of the day. Join STAND and bring in people who have been through drug abuse and they can tell how it affected them.
  - iii. Having support groups in school is important, but outside of school there wasn't anything. If you feel alone, you won't want to do anything.
  - iv. Too Good For Drugs mentor helped him get into STAND and find support

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- v. Project at PACE helped learn drugs, side effects, and what can happen to you
- vi. Do you think it would be helpful to have hotlines for support? It would be helpful, needs to be in front of them because some people don't have the interest. A lot of teenagers are stubborn and if it is something that is out of their way, they won't go.
- vii. Would mentorship like NA with another adult who is in recovery be supportive?
  - 1. Problem finding meeting with lots of young people is challenging.
  - 2. It would be helpful for that kind of program.
- G. What dangerous activities are out there?
  - i. Knives and guns being brought to fights
  - ii. Fighting isn't fighting anymore, it's about taking someone's life. A 35 second fight could land you in jail for 2-3 years.
- H. What do you think about the life saving drug to reverse overdose?
  - i. If you save their life, they have the chance to change their life around.
  - ii. Do you have direct access to law enforcement to address concerns? What it be helpful for policy changes? You shouldn't be scared, it should be mandatory. It would be good for once a month to have that conversation and continue in the school year. A lot of people won't talk to law enforcement because they are afraid to get in trouble and they know what they're doing is wrong. "F12" against cops and not wanting anything to do with them.
- I. What would your advice be to upcoming generation? Communication, be the parent first then friend, instill responsibility, make them earn what they want, help set goals.
- J. Is positive social media helpful? Social media is the reason kids are getting into drugs. A lot of people skip the ads online and ignore them.

### III. MAT Discussion

- A. No questions

### IV. Committee Updates

- A. Rx Subcommittee
  - i. Town Hall Meeting- schedule one on east Pasco. Next Tuesday at 3:30pm North Bay Hospital.
- B. Marijuana Taskforce
  - i. Tuesday, August 1<sup>st</sup> at 2pm at North Bay Hospital
- C. Substance Exposed Committee
  - i. Going over changes
- D. Alcohol Initiatives Committee
  - i. Redesign of agenda, setting up a focus group
- E. Recovery committee
  - i. Recovery Month celebration looking into smaller venues in September.
- F. STAND
  - i. August 5<sup>th</sup>, educating peers in summer camps
  - ii. More groups in the schools
  - iii. PACE, Ridgewood High School, Chasco Middle. Looking into Bayonet Point and Holiday Rec center for STAND

### V. State Behavioral Health Funding

- A. Cut in funding by 16 million for substance abuse and mental health

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**VI. Events**

A. Conference

- i. Registration up and need people to register as soon as possible. Need more sponsors and vendor tables. September 21<sup>st</sup> the conference is scheduled.

B. Recovery Month

- i. Tony is contact and looking into Oasis Coffee shop but has not been confirmed for location and venue.

C. NOPE Candle Light Vigil

- i. Verizon Event Center November 26<sup>th</sup>. Need help with setup and will have a committee put together for event.

**VII. Next ASAP meeting**

- A. ASAP meeting August 22<sup>nd</sup> 10am-1pm, Congressman Bilirakis will be here at 11:45am. Health Committee Congressman is on to discuss what is working and not working to bring it back to Health Committee.

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